

ELIZABETH KOTARINOS, PT, DPT
CURRICULUM VITAE

Scholastic Data:

Intramuscular Manual Therapy for the Management of Neuromuscular System: Level I, II, 2011
Andrews University
Berrien Springs, Michigan

Doctor of Physical Therapy, 2009
University of Southern California
Los Angeles, California

Bachelor of Arts in Psychology, 2003
University of Southern California
Los Angeles, California

State Licenses:

State of Illinois	License Number	070 - 017364
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Professional Positions:

Rhonda Kotarinos Physical Therapy, Ltd
Oakbrook Terrace, IL
Staff physical therapist
Executive Vice President
2009 – present

Edward Hines, Jr VA Hospital
Hines, IL
Staff physical therapist
2012 – 2014

Supplemental Healthcare
Chicago, IL
Contract staff physical therapist
2009 – 2012

Career Staff Unlimited
Chicago, IL
Contract staff physical therapist
2009 – 2010

Kindred Rehab Service, Inc
Chicago, IL
Contract staff physical therapist
2010

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Professional Memberships:

American College of Obstetrician and Gynecologists (ACOG)
Educational Affiliate, 2009 – Present

American Pain Society (APS)
Member, 2009 – Present

American Urogynecologic Society (AUGS)
Member, 2009 – Present

Chicagoland Pelvic Floor Research Consortium
Member, 2009 – Present
Board of Directors, 2009 – 2014

International Association for the Study of Pain (IASP)
Member, 2009 – Present

International Continence Society (ICS)
Member, 2009 – Present

International Myopain Society (IMS)
Member, 2007 – Present

International Pelvic Pain Society (IPPS)
Member, 2009 – Present
Associate Chair, Fundraising, 2012 - 2015
Committee Member, Fundraising, 2012 – 2014

PROFESSIONAL ACTIVITIES:

St. George's Hospital, 2011
London, United Kingdom
Chronic Pelvic Pain and Dysfunction; Physiotherapy Assessment and Management
Lab assistant

Chelsea & Westminster Hospital, 2010
London, United Kingdom
“Physical Therapy Workshop for Chronic Pelvic Floor Dysfunction and Pain”
Lab assistant

American Urogynecologic Society 30th Annual Scientific Meeting, 9/09
Hands-On Course: Transperineal and Endoanal 2-D and 3-D Ultrasound Imaging of the
Pelvic Floor.
W. Thomas Gregory, MD, Course Director
Lab Assistant

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Loyola University Medical Center

“Physical Therapy Can Reduce Symptoms of Painful Bladder Syndrome” Accepted
Abstract

FitzGerald M, Ervan K, Arcilla G, Fortman C, Dillavou H, **Kotarinos E**, Kotarinos R.
AUGS 2006

Ervan K, Arcilla G, Fortman C, Dillavou H, **Kotarinos E**, FitzGerald M P, Kotarinos R.
ICS 2005

Junior Research Assistant

RML Specialty Hospital, 3/05-6/05

“Weaning from Prolonged Mechanical Ventilation”

Amal Jubran, MD, Principal Investigator

Junior Research Assistant

International Pelvic Pain Society 11th Scientific Meeting, 8/04

“Anatomical Basis to Physical Therapy Evaluation and Treatment of Pelvic Dysfunction”

Stephanie A. Prendergast, MPT, Instructor

Lab Assistant

PUBLICATIONS:

Kotarinos R, Elizabeth E. The past, present and future of POP and physical therapy. Curr Obstet
Gynecol Rep. 2014;3:180-185.